



Emergency Preparedness: Product Suggestions for Hospitals

During these uncertain times, we understand the need for you to develop a contingency menu that addresses the staffing shortages, delivery interruptions, and other unpredictable events that might occur in the coming weeks. In response, Maple Leaf Foodservice has prepared a list of products that are ideally suited for these circumstances.

The following products are:

- Fully cooked - heat and serve, or serve cold, skilled labour not required
- Most are pre-portioned and IQF
- Suitable to be rethermed in all cold-plating and conventional systems
- Can be used in multiple menu applications to save on freezer space
- Traditional in appeal, easy to cut and chew
- Healthcare-friendly: either low in sodium or controlled sodium, suitable protein content (most are Good to Excellent sources of protein)

Centre of the Plate Entrée Options: Fully cooked. No portioning required. Simply 'Heat & Eat'

Product Description	Menu Applications	Maple Leaf Code	Sysco Code	GFS Code	Case Yield	Sodium (mg) Per Serving	Protein (g) Per Serving
Healthy Selections Meatloaf Slices IQF	Serve as is with gravy or sauce. Many can be served on a bun.	21375	6993891	1080609	50 x 90g pieces	200	19
Healthy Selections Sliced Roast Beef - Low Sodium		28639	5434569	1374469	120 x 60g slices	31	19
Healthy Selections Seasoned Boneless Chicken Thigh IQF		21355	5578929	1133731	44 x 90g thighs	153	17
Healthy Selections Roast Pork Slices – Low Sodium		21354	0742635	3061877	80 x 60g (2 slices)	35	21
Healthy Selections Roast Turkey Breast Slices - Low Sodium		21363	5703816	1037663	80 x 60g (2 slices)	49	16
Healthy Selections Boneless Pork Chops - Low Sodium		21364	0282727	1175048	60 x 90g chops	71	24
Breaded Chicken Breast Cutlet IQF		13238	5314606	1355342	46 x 85g cutlets	460	12
Thick Carved Beef Pot Roast in Gravy		33550	7528262	1112598	58 x 85g portions	331	17
Country Dinner Pork Sausage – Gluten Free, skinless, IQF		64003	3046170	1259910	90 x 55g sausages	492	16
Ready Links Breakfast Pork Sausage 23g IQF		64000	6223487	8712605	200 links (23g links)	315	7
Boneless Breaded Chicken Breast Bites IQF (Chicken Dippers)		64004	0750374	1192192	44 x 90g (3 pieces)	386	16
BBQ Beef Ribette IQF		41434	2724387	1240455	54 x 85g ribettes	324	16
BBQ Pork Rib Patty IQF		72230	5392410	7781605	54 x 85g patties	270	16
Chicken Souvlaki IQF (Seasoned Chicken Thigh Pieces)		64312	5594646	6250005	67 x 60g portions	291	11
Broiled Beef Meatballs 10g IQF		40118	0222968	1087970	75 x 6 meatballs	215	14
Beef Burger 3 oz IQF		41522	2753432	7002205	54 x 3oz burgers	442	13
Turkey Burger 3 oz IQF		55692	4038333	1287190	54 x 3oz burgers	462	15

Pot Pies: Ideal 125g individual portion – the perfect comfort food!

Product Description	Menu Applications	Maple Leaf Code	Sysco Code	GFS Code	Case Yield	Sodium (mg) Per Serving	Protein (g) Per Serving
Chicken Pot Pie	Heat & Serve	81035	2704344	5851205	36 pies	389	13
Beef Pot Pie		81019	2666741	5894005	36 pies	390	8
Turkey Pot Pie		42684	0244451	1171078	36 pies	410	9
Steak & Mushroom Pot Pie		40004	2457390	1232161	36 pies	428	13
Chicken & Leek Pie		43002	5156821	1339675	36 pies	444	13
Tourtiere Pie		20126	0487728	5283906	36 pies	420	15

Centre of the Plate Options: Fully cooked. Versatile. Require only one simple step in preparation

Product Description	Menu Applications	Maple Leaf Code	Sysco Code	GFS Code	Case Yield	Sodium (mg) Per Serving	Protein (g) Per Serving
Shaved Steak	Add sauce or gravy, heat and serve on a bun	33548	3822923	1273539	90 x 60g portions	344	13
Pulled Pork - All Natural, Gluten Free		26980	4875045	1319924	75 x 60g portions	312	12
Pulled Pork - Raised Without Antibiotics, All Natural, Gluten Free		48111	4874994	N/A	75 x 60g portions	251	14
Pulled Beef - All Natural, Gluten Free		26985	4875031	1323524	75 x 60g portions	196	17

Sandwich Meats & Fillings: Gluten-free. Deli meat is sliced for convenience

Product Description	Menu Applications	Maple Leaf Code	Sysco Code	GFS Code	Case Yield	Sodium (mg) Per Serving	Protein (g) Per Serving
Sure Slice Deli Turkey Breast	Serve in a sandwich, salad or cold meat plate	21334	2672855	6182926	52 x 3 slice servings	344	10
Main Street Deli Smoked Turkey		42684	9880675	7536005	52 x 4 slice servings	364	10
Sure Slice Deli Black Forest Ham		21440	2750594	7442986	52 x 3 slice servings	336	9
Main Street Deli Old Fashioned Ham		42459	6226478	3651805	52 x 4 slice servings	324	9
Sure Slice Roast Beef		21333	2672749	1421077	62 x 2 slice servings	384	7
Main Street Deli Roast Beef		42706	9880634	7536405	62 x 2 slice servings	384	7
Healthy Selections Shaved Beef – Natural and Low Sodium		01188	6965897	1104710	73 x 60g portions (shaved)	31	19
Sure Slice Deli Corned Beef		21444	2750479	7737405	62 x 2 slice servings	413	8
Main Street Deli Corned Beef		44948	9882465	7007005	62 x 2 slice servings	413	8
Diced Turkey Breast ½" – IQF		64364	3614688	1269925	67 x 60g portions	190	13
Pulled Chicken – All natural		26995	4875005	1325355	75 x 60g portions	215	14

Contact your Sales Representative or visit our website at www.mapleleafHH.com for ingredient, allergen and nutritional information on each of our products!

